

Walking with Open Radiance and Total Safety

By Baba Dez and Anthony Williams © 2006

I just came back to my home in New York City from Burning Man (www.burningman.com). My heart was wide open and my spirit and mind were completely engaged in the environment. I was ready and open to be curious about the people around me just like I was in the desert. However, I noticed that the responses of people were growing less and less positive. I noticed my heart was starting close, as well as the people who were crazy and dangerous in the subway system were sensing my 'openness' and trying to get into my field of attention. I was starting to lament and was wondering 'How can I stay open and live in the city?' 'How can I rise to challenge of keeping my heart open and still be safe in the default world'.

In a seemingly unrelated conversation I was talking to Baba Dez about our upcoming workshop in November, and was sharing about my experiences at Burning Man and how hard it is to stay open in NYC when the average state in NYC is being guarded while unbalanced and potentially dangerous people are lurking to take advantage of your openness. I found that every day was a struggle to stay open and that little by little I was slipping into the default world of rushing, linear focus and protection. Dez was sharing with me that it is possible to vibrate your emotional body, in such a way that you can intuitively draw people who you need to draw as well as intuitively stay away from people who are energetically unbalanced. The thing that I found interesting about this is that Dez says "...when you are vibrating at your emotional core, you don't have to be consciously controlling it all the time. It is an intuitive process that you don't have to consciously labor on and think about every waking moment. You can live fully open, vibrating emotionally, be yourself and be safe in NYC!"

The exciting thing is that you can apply that to every area of your life – your sexuality, your relationships, your business, etc. This is an important aspect of Tantra, which is a shamanic lifestyle. Many people hold the misconception that Tantra is just about sex but in actuality, it is about how you can be powerfully active and engaged masterfully in every area of your life. Vibrating your emotional body is a powerful way to walk through Life, keeping your heart wide open while all the time being completely safe in NYC.

**For more info on upcoming events here in NYC please call or write me at: Urban Mystic Productions
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Also, please visit <http://www.babadez.com> for more information on Tantra and empowered living and loving.**