

How to Have a Divine Sex Life – With or Without a Partner

By Baba Dez Nichols

Every woman deserves to have a great sex life, whether or not she's got a man at the moment. Your body is a temple, and the goddess must be regularly worshiped. You ignore her at your own peril.

Every man deserves to find his inner god, whether or not there's a goddess around to awaken him. Most men today are sleepwalking through life, trapped in roles that rarely touch their hearts or kindle their deepest dreams.

It seems obvious that men and women can help each other out with this dilemma. But who's going to go first?

For thousands of years, in the ancient temples of the goddess, women learned the sacred sexual healing arts. They were taught how to open their hearts, fine tune their bodies, and tap directly into the divine feminine power that created the universe. With these powers, they birthed love into the world.

They were assisted by priests trained in the arts of sexual magic. When the power of sexual union was put into the service of the gods, peace reigned on earth.

Where is that knowledge now? Where are the priests and priestesses who have the keys to the power and wisdom that are locked in our bodies?

Look around. What do you see?

Young women today are all too often completely cut off from the divine feminine. Rather than being taught to look within, they are left struggling to find an identity in the eyes of outsiders. They're taught that sex is a commodity to be manufactured and sold in the sexual marketplace.

Too many women depend on the external validation of a man to supply her with the self-esteem, love, nurturing and empowerment that are in her body, aching to be released.

Far too many women stare grimly in the mirror, criticizing every curve and wrinkle, without ever glimpsing their own natural, delicious divinity winking back at them.

But women aren't the only ones who are blind. Most men wouldn't recognize a goddess if she stood in front of them with her hair on fire!

The divine has become alarmingly invisible to us. The goddess must be released from her prison. And sometimes the fastest way to free her is with an earth-shattering orgasm.

The god must rise into his true power, the power to make love, not war. But first he must surrender control.

If you've got a partner who's willing to embark on this journey of mutual discovery and support, good for you! But if you're currently alone, don't let that stop you from awakening the kundalini snake inside your body, and remembering who you really are.

Sex can be a sacred rite of self-empowerment and passionate connection with our own inner beauty. And despite the fairy tales and romance novels, sexual awakening is an experience that doesn't depend on someone else to do it to you. Or for you, or even with you.

Orgasm is a gift, whether you're sharing it with someone else, or giving it to yourself. And this gift can do more to awaken and enlighten you than months of meditation.

The intersection of divinity and sexuality, in this day and age, is in the field of tantra. Originally an Oriental yogic art, tantra is re-emerging in the West as a reminder of what we have lost, and how we might find it again.

Tantric priests and priestesses, called tantrikas, dakas or dakinis, have the tools to show us our own magnificence. They mirror back our own wholeness, by seeing the divine spark in every human being, and fanning that spark into a fire.

The art of tantra reveals this truth about each of us: we are gods and goddesses. Tantra empowers us to feel, find and proclaim our own divine power.

Don't let the lack of a partner prevent you from making the magic and love that you deserve. Learn how to activate yourself, love yourself, empower yourself at the core of your divine being. Gods and goddesses are self-sufficient; they don't rely on anyone else for their power.

We don't need a partner to activate or access the wellsprings inside us. Tantra can show us how to tap into our own emotional and physical chemistry to create alchemy and magic.

Sexuality is at the core of our power to create and manifest. Second chakra energy is sexual in its nature. Animal sex can make a new life; imagine what divine sex can create!

When we recognize our own divinity, we step into the creative field of pure potential, as the divine cocreators of our own lives. We can use the wisdom of the body and the power of our own passion to fuel anything that we desire to create.

We can all have juicy, empowering, divinely delicious sex lives. And the side effect of all that self-loving is that we become irresistible gods and goddesses.

Try being truly divine for one day, and see who notices. You may not be alone for long!